


WEEK 1	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Cheese Panini Salad	Beef Keema served with Rice and Naan Bread	Roast Beef with Roast Potatoes & Gravy	Fish Fillet with New Potatoes	Quorn Nuggets Chips Baked Beans or Salad
VEGETARIAN MAIN DISH	Tomato & Roasted vegetable Pasta served with Garlic Bread & Salad	Quorn Keema served with Rice and Naan Bread	Quorn Sausage with Roast Potatoes & Gravy	Quorn Spanish Style with New Potatoes Salad/Veg	Cheese & Tomato Pizza Served with Chips
ACCOMPANIMENTS	Salad Bar	Salad Bar	Cabbage Carrots Salad Bar	Broccoli Cauliflower Salad Bar	Baked Beans Salad Bar
DESSERTS	Jam & Coconut Sponge with Custard	Ginger Biscuit	Sticky Toffee Muffin	Strawberry Whip	Ice Cream Pot
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket Potato (Cheese/Beans) Sandwiches (Cheese/Ham or Egg)	Jacket Potato (Cheese/Beans) Sandwiches (Cheese/Ham or Egg)	Jacket Potato (Cheese/Beans) Sandwiches (Cheese/Ham or Egg)	Jacket Potato (Cheese/Beans) Sandwiches (Cheese/Ham or Egg)	Jacket Potato (Cheese/Beans) Sandwiches (Cheese/Ham or Egg)

